



The March 2022 Newsletter of the Texas Burn Survivor Society

**Did you know March 26th is
"Make Up Your Own Holiday Day?"**

The holiday we have decided to create is

"Celebrating Survivors Day"

Please join us in celebration of the courage, persistence,
and heart of every survivor and all those who helped and continue to help
in their journey from surviving to thriving.

And maybe we would throw in an ice cream sundae or apple pie for good
measure!





GOOD NEWS!

We are planning the Texas Burn Community Connect this year, conditions permitting. Please "Save the Date" for Saturday, June 11, 2022 at **Estancia Del Norte San Antonio, Tapestry Collection by Hilton** in beautiful San Antonio, Texas. More details will follow soon, but make sure this on your calendar.

GOLF TOURNAMENT REGISTRATION FORM:

DAVID JAYNE MEMORIAL GOLF TOURNAMENT



FRIDAY, May 6, 2022

Check-in 7:15am

Shotgun Start 8:00am

Lunch and Awards Following

Silent Auction and Door Prizes



TBSS Co-Founder David Jayne

Thank you for supporting Texas Burn Survivor Society and our mission of *Helping Survivors Thrive*. Our programs include:

- *Camp David - pediatric burn camp
- *Camp Ax - weekend retreat for teen and young adult burn survivors
- *Providing emergency assistance and purchasing scar garments
- *Co-hosting an annual conference for adult survivors in Texas
- *Scholarships and peer support

DEADLINE FOR REGISTRATION IS APRIL 29, 2022

DAVID JAYNE MEMORIAL GOLF TOURNAMENT REGISTRATION

Contact name: _____ Email: _____

Address: _____ Phone: _____

Players: # of players _____ x \$125 = \$ _____ (Includes lunch) **Guest(s) for lunch only** _____ x \$25 = \$ _____

Player #1 _____ Player #2 _____

Player #3 _____ Player #4 _____

Total amount \$ _____ I cannot attend but want to support with my donation. \$ _____

____ **Check** enclosed made payable to Texas Burn Survivor Society **OR**

____ **Please charge** my _____ VISA _____ MASTERCARD CARD # _____

CVC _____ Exp. Date _____ Billing Zip _____ Signature _____ **OR**

____ **INVOICE ME** - We will send an invoice to your **email**, and you can pay directly online.

Submit completed registration and remittance by **mail** to TBSS, 8531 N. New Braunfels, Ste 204, San Antonio, TX 78217; **or** by **email** to jbazar@texasburnsurvivors.org; **or** **call** 210-824-8499.

SAFETY REMINDER OF THE MONTH:



Stay alert!

The best time to cook is when you are wide awake, and not drowsy from medications or alcohol.



BURN
PREVENTION

Click [here](#) to download your own Cooking Safety Checklist



Cooking Safety: Checklist



- ❑ **Stay in the kitchen** when you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- ❑ **If you are simmering**, baking, roasting, or boiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you're cooking.
- ❑ **Keep things that can catch fire** — potholders, oven mitts, paper or plastic bags, curtains — away from your stovetop.
- ❑ **Wear short, close-fitting** or tightly rolled sleeves when cooking. Loose clothing can dangle onto stove burners and can catch fire if it comes in contact with a gas flame or electric burner.
- ❑ **Have a "kid-free zone"** of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.
- ❑ **If you have a stove fire**, when in doubt, just get out and call the fire department.
- ❑ **Keep an oven mitt** and lid nearby when you're cooking. If a small grease fire starts in a pan, smother the flames by sliding the lid over the pan. Turn off the burner. Do not move the pan. To keep the fire from restarting leave the lid on until the pan is completely cool.
- ❑ **In case of an oven fire**, turn off the heat and keep the door closed to prevent flames from burning you or your clothing. After a fire, the oven should be checked and/or serviced before being used again.
- ❑ **Open microwaved food slowly**, away from the face. Hot steam from a container of microwaved food or the food itself can cause burns.
- ❑ **Never heat a baby bottle** in a microwave oven because it heats liquids unevenly. Heat baby bottles in warm water.
- ❑ **Treat a burn right away**, putting it in cool water. Cool the burn for three to five minutes. Cover with a clean, dry cloth. If the burn is bigger than your fist, or if you have any questions, get medical help right away.
- ❑ **Think Green!** Unplug small appliances when not in use.

A Recipe for **Keeping Your Community Cooking Safely**

NFPA • 1 Batterymarch Park, Quincy, MA 02169 • www.nfpa.org

DATES TO REMEMBER:

May 6, 2022
David Jayne Memorial Golf Tournament

June 11, 2022
Texas Burn Community Connect

Summer 2022
Camp David

November 5, 2022
Pianos and Pints

November 11-13, 2022
Camp Ax

To support TBSS click here



Texas Burn Survivors | 8531 N. New Braunfels, Suite 204, San Antonio, TX 78217

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