



The August 2023 Newsletter of the Texas Burn Survivor Society



More from Camp David 2023

Enjoy photos from camp this year throughout this newsletter.



Save the Date for the Big Give 2023

6:00pm on September 20 until 6:00pm on September 21

Be sure to join us for our

Big Give Pizza with a Purpose

at California Pizza Kitchen Huebner Oaks

6:00 - 8:00pm on Wednesday, September 20, 2023

CPK will donate 20% of all proceeds all day long when you show this flyer:



california
pizza kitchen

PIZZA WITH A *PURPOSE*

Show this flyer or mention the organization listed below
on your visit, and California Pizza Kitchen will
DONATE 20% OF ALL FOOD & BEVERAGE SALES
on your check to the organization listed below. Purchases include
dine-in, take-out, catering, and online orders at CPK.com
when you enter **BACK20%** at checkout.

Fundraiser in support of:
Texas Burn Survivor Society Inc.
09/20/023
(All Day)

Valid at the following location

CALIFORNIA PIZZA KITCHEN
Huebner Oaks
11745 IH 10W, San Antonio, TX 78230
cpk.com

Fundraiser valid only on the date(s) and at the CPK location(s) identified on this flyer. Only 501c organizations and non-profit schools are eligible to participate in CPK's fundraiser program. CPK will donate 20% (twenty percent) of all food and beverage sales to the organization. Tax, gratuity, gift card and retail sales are excluded from the donation. Valid for dine-in, takeout, online, catering, curbside or delivery orders placed directly with CPK. Not valid for orders placed or fulfilled through third-party delivery. Void if flyer is distributed in or near restaurant. For more information about the 501c organization participating in the fundraiser, please contact the organization directly. Not valid at franchise locations in Guam, stadium, university, international, airport locations, or the Grand Sierra Resort and Casino.

V3

Thank you! To All Our Supporters!

We would not be able to provide Camp David free of charge if not for all our wonderful donors and other supporters. We are very grateful to every individual, family, foundation, company, hospital, fire department and so many others who gave funds, items, and precious time to make Camp David happen.

Two groups visited Camp David on Firefighter Day, bringing some special vehicles - Porsches and motorcycles - and presenting checks to help us continue Camp David for years to come.

A special "thank you" to the Hill Country Regional Porsche Club of America and Brothers Keepers Motorcycle Club 30 Bryan.
We appreciate you all!



Dance Night at Camp David

The Thursday night dance is always a highlight of Camp David. This year's theme

was from Sing 2 - Follow Your Dream. We want our campers to dream big and persevere to make those dreams come true.



(Keep scrolling down for more and more Camp David photos)



SAFETY REMINDER OF THE MONTH:

Summertime Burn Safety



Summer is the time to enjoy vacations, camping, picnics and the Fourth of July; however, summertime also brings fires and burn injuries due to fireworks and outdoor cooking.

Know how to prevent a burn while you enjoy outdoor activity this summer.

- Wear short sleeves or roll them up when cooking on the grill.
- Use long-handled barbecue tools.
- Keep a 3-foot safe zone around grills, fire pits and campfires.
- Attend public fireworks displays; this leaves the lighting to the professionals.



First aid for burns:

- Place the burn in cool water for three to five minutes.
- Cover the burn with a clean, dry cloth.
- See your doctor if the burn is larger than your palm.

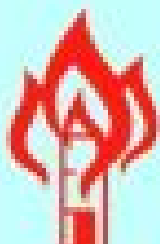
For more information and free fire-safety resources, visit
www.usfa.fema.gov.



Click here to
add image.



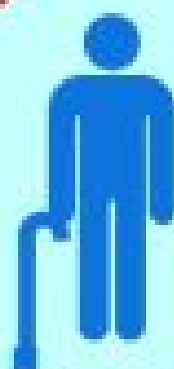
CLIMATE CHANGE & EXTREME HEAT



Extreme heat events, or heat waves, are a leading cause of **EXTREME WEATHER-RELATED DEATHS** in the United States and the number of heat-related deaths is rising!



WHO'S AT RISK?



Adults over 65, children under 4, people with existing medical problems such as heart disease, and people without access to air conditioning

WHAT CAN YOU DO?



STAY COOL

- Find an air-conditioned shelter
- Avoid direct sunlight
- Wear lightweight, light-colored clothing
- Take cool showers or baths
- Do not rely on a fan as your primary cooling device



STAY HYDRATED

- Drink more water than usual
- Don't wait until you're thirsty to drink more fluids
- Avoid alcohol or liquids containing high amounts of sugar
- Remind others to drink enough water



STAY INFORMED

- Check local news for extreme heat alerts and safety tips
- Learn the symptoms of heat illness



LEARN MORE!

Visit CDC's Environmental Public Health Tracking Network to

learn more about climate change and extreme heat at

www.cdc.gov/ephtracking



2023 DATES TO REMEMBER:

September 20 -21, 2023

6:00pm - 6:00pm

The Big Give

November 4, 2023

Pianos and Pints at The Whitley

November 10 - 12, 2023

Camp Ax

Third Wednesday of Each Month:

Peer Support Group

Brooks Collegiate Academy

6:00 - 8:00pm

For more info: sdodsontbss@sbcglobal.net

Support TBSS click here



Support Group

Our monthly meeting of the burn survivors peer support group is a wonderful way to connect with fellow burn survivors for general discussion, health and wellness topics and camaraderie.

6:00 - 8:00pm

third Wednesday of every month

at Brooks Collegiate Academy Campus located at 4802 Vance Jackson Rd.

Burn Community Group
(For Adults, 18 years old and up at this time)

Family!
Hot Topics!

When: 3rd. Wednesday of Each Month
Where: 4802 Vance Jackson Rd.
San Antonio, TX. 78230
Room E105
(Brooks Collegiate Academy Campus)

???'s
Concerns?

Virtual Option!
Time: 6pm-8pm

Friends!

Scan Here

ZOOM Meeting ID:
85621827665

Refreshments will be provided
For additional information please contact:
Sue Dodson @ 210-824-8499 or
tbssinfo@texasburnsurvivors.org



SNACKS!



BURN STRONG

www.usaisr.amedd.army.mil

MORE Camp PHOTOS!!!!







Texas Burn Survivors | 8531 N. New Braunfels, Suite 204, San Antonio, TX 78217

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